

Life Balance Pack



Natural Defense supports immune function

BENEFITS: Natural Defense contains a unique blend of food-based ingredients including key antioxidants formulated to propel the body's immune system, dispersing toxic microorganisms while supporting the creation of healthy new cells. The powerful combination of natural herbs in Natural Defense enhances immune function while helping improve overall physical health, vitality and emotional health.

Cranberry Clear supports urinary tract health

BENEFITS: Cranberry Clear features an antioxidant-rich blend of ingredients including cranberry, blueberry and grapefruit seed extract to rid the urinary and gastrointestinal tracts of harmful bacteria. Cranberry Clear also contains Immunoglobulin Protein Isolate, a newly-introduced protein source that boosts the immune system and prevents toxins from being re-absorbed into the blood.

Probiotics builds healthy digestive system

BENEFITS: Probiotics restores digestive balance and regulates bowel function by eliminating harmful bacteria in the large intestine and replacing it with four new strains of healthy, immune-building bacteria. An ample supply of healthy bacteria helps support immune function while maintaining normal blood cholesterol levels and minimizing instances of digestive discomfort.

Inner Clear supports digestive health

BENEFITS: A concentrated source of soluble fiber derived from natural fruit, vegetables and plants, Inner Clear helps control hunger between meals while preventing gastrointestinal disturbances and cleansing the lower bowels in a natural, healthy way. The natural fiber in Inner Clear helps regulate blood sugar and may lower cholesterol and improve the absorption of essential minerals.

Senna Tea herbal digestive comfort

BENEFITS: A safe, effective and convenient means of preventing or treating constipation, this specially formulated laxative tea contains herbal senna to gently stimulate the movement of matter stored in the gastrointestinal tract. This gentle and natural laxative tea helps promote normal and comfortable bowel function to restore the body's natural state of balance.

Living Light Pack



Inner Fuel fat burner

BENEFITS: Inner Fuel is a highly effective and natural fat-burning supplement containing CLA (conjugated linoleic acid), a natural derivative of safflower oil proven to help reduce body fat while increasing lean muscle mass. Inner Fuel is most effective when used as part of a sensible diet and consistent exercise program.

Inner Clear supports digestive health

BENEFITS: A concentrated source of soluble fiber derived from natural fruit, vegetables and grain, Inner Clear helps control hunger between meals while preventing gastrointestinal disturbances and cleansing the lower bowels in a natural, healthy way. The natural fiber in Inner Clear helps regulate blood sugar and may lower cholesterol and improve the absorption of essential minerals.

Chromium & Vanadium for craving control

BENEFITS: Chromium & Vanadium minimizes cravings and controls hunger by regulating blood sugar and insulin levels. Chromium removes sugar from the blood, allowing the body to produce less insulin and therefore store fewer food as fat. Vanadium, a substance already found in human cells, promotes effective conversion of sugar into energy.

Re-energize Boosts energy and focus

BENEFITS: Re-Energize is the natural way to boost energy and help restore focus instantly. Re-Energize contains three key ingredients: natural caffeine from green tea; Rhodiola rosea, a natural herb shown to reduce mental fatigue; and Coenzyme Q10, a powerful nutrient known to support heart health while increasing stamina and performance during exercise.

Glucosamine for appetite suppression

BENEFITS: Glucosamine, a low-calorie compound rich in natural fiber, when taken with water before a meal, reduces hunger naturally by partially filling the stomach to quickly produce a sensation of fullness.

Daily Essentials Pack



Daily Essentials+ Multi-vitamin complete daily nutrients

BENEFITS: This top-selling formula is a balanced mega-dose vitamin and mineral supplement that provides at least 100% of the daily value of most vitamins and minerals required by adults for optimal health. Daily Essentials Multivitamin is a high-potency, one-a-day multivitamin that supplements the body with essential nutrients not plentiful in most diets.

Master Oils essential fatty acids

BENEFITS: Master Oils contains a high dose of omega-3 oils not found in other sources. Master Oils contains krill oil, a substance easily processed by cells. This oil mixture helps restore balance between fats from vegetable and fish, improving immune function.

Probiotics builds healthy digestive system

BENEFITS: Probiotics restores digestive balance and regulates bowel function by eliminating harmful bacteria in the large intestine and replacing it with four new strains of healthy, immune-building bacteria. An ample supply of healthy bacteria helps support immune function while maintaining normal blood cholesterol levels and minimizing instances of digestive discomfort.

Citrus Harvest essential fruit nutrients

BENEFITS: Citrus Harvest is specially formulated to contain biologically diverse nutrients from pure food sources; one tablet contains the nutrient equivalent of more than 10 pounds of fresh citrus fruit, exceeding the daily recommended quantity of fruit nutrients. Citrus Harvest helps neutralize acidity in the blood while supporting cardiovascular and immune health.

Vegetable Harvest essential vegetable nutrients

BENEFITS: Vegetable Harvest is specially formulated to contain biologically diverse nutrients extracted from pure food sources; one tablet contains the nutrient equivalent of more than 10 pounds of fresh vegetables, exceeding the daily recommended quantity of vegetable nutrients. Vegetable Harvest helps neutralize acidity in the blood while supporting cardiovascular and immune health.

Specialty Products



Strength Chews builds muscle during exercise

BENEFITS: Strength Chews contain creatine, a performance-enhancing nitrogen compound produced by the body naturally. Strength Chews help increase strength and propel muscle growth during strenuous physical activity. Strength Chews is best when used in conjunction with a sensible diet and regular exercise program.

Electrolyte Spray replaces lost electrolytes

BENEFITS: Electrolyte Spray is a pure and potent additive that helps the body maintain hydration while replacing electrolytes lost through perspiration during vigorous activity. Electrolyte Spray is a more pure and natural source of electrolytes than traditional, high-sugar sports drinks.

Re-Energize boosts energy and focus

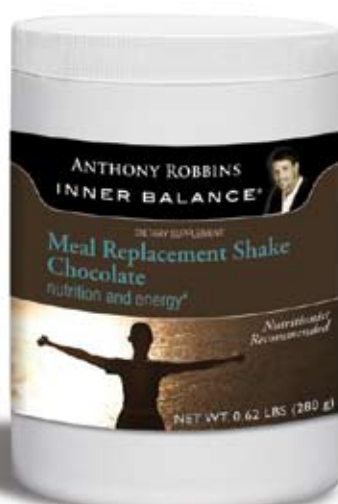
BENEFITS: Re-Energize is the natural way to boost energy and help restore focus instantly. Re-Energize contains three key ingredients: natural caffeine from green tea; Rhodiola rosea, a natural herb shown to reduce mental fatigue; and Coenzyme Q10, a powerful nutrient known to support heart health while increasing stamina and performance during exercise.

Natural Balance for Women PMS relief

BENEFITS: Natural Balance for Women helps reduce both physical and mental symptoms associated with PMS. Through a synergistic blend of natural herbs known to possess anti-inflammatory and analgesic properties, Natural Balance for Women works to reduce cramping, fatigue, abdominal pain and body aches while naturally improving mood.

Natural Support for Men for prostate and sexual function

BENEFITS: Natural support for men supports a healthy prostate and normal sexual function by maintaining healthy testosterone levels. The unique blend of herbal yohimbe and saw palmetto also works to reduce the size of prostate glands while improving urine flow and overall sexual performance.



Inner Balance Meal Replacement Shake for nutrition and energy

BENEFITS: Pure Protein shakes provide convenient access to complete, satisfying and natural nutrition. Best used with soy milk as a morning meal replacement, Pure Protein shakes are specially formulated with whey protein and low-glycemic load carbohydrates to help promote and sustain weight loss while controlling hunger naturally. Shakes come in two delicious flavors—chocolate and vanilla.

Inner Balance Energy Bar for nutrition and energy

BENEFITS: Formulated with low-glycemic load carbohydrates to more effectively control hunger between meals, Inner Balance Natural Energy Bars provide a delicious, convenient and satisfying alternative to less nutritious snacks to help promote and sustain weight loss. Inner Balance Natural Energy Bars come in two delicious flavors—chocolate chip and cashew cranberry.

Digestive Enzymes supports digestion

BENEFITS: This safe and natural source of digestive enzymes aids gastrointestinal function by breaking down food to reduce demands upon digestive organs. Digestive Enzymes ensure that nutrients are properly broken down for full utilization by the cells, which promotes optimal body function and decreases discomfort from bloating, gas and sensations of premature fullness.