

ANTHONY ROBBINS INNER BALANCE™ LIFE BALANCE PACK

Senna Tea

HOW IT WORKS

A safe, effective and convenient means of preventing or treating constipation, this specially formulated laxative tea contains herbal senna to gently stimulate the movement of matter stored in the gastrointestinal tract. This gentle and natural laxative tea helps restore normal and comfortable bowel function to restore the body's natural state of balance.

Senna Tea:

- Helps regulate bowel habits
- Relaxing and convenient hot tea

WHY YOU NEED IT

During your cleanse, you may experience constipation. One way to naturally and gently manage your constipation is to drink a hot beverage daily. Senna, a powerful herb that has been traditionally used as a remedy for laxation, is thought to promote natural elimination by stimulating the movement of food waste inside your gastrointestinal tract—a process called peristalsis.

It is recommended that you combine senna with another stool-softening agent like the fiber found in Inner Clear for maximum effectiveness during your cleanse. Because hot water is also a natural laxative, Inner Balance Senna Tea has an edge over other non-beverage variations of senna.

In addition to counteracting a potential negative side effect of cleansing, Inner Balance Senna Tea is a convenient, enjoyable beverage that can replace your daily tea or coffee and give you a well-deserved break from your hectic schedule to relax and savor the flavor of a healthful tea.

PRODUCT DESCRIPTION

One-month supply of Senna Tea bags

INSTRUCTIONS FOR USE

Daily serving: Boil one cup of water and add tea bag to it. Let the teabag steep in the hot water for several minutes.

Senna Tea is part of the Life Balance Pack and not sold individually.

Price: Life Balance Pack \$199.99

To order visit TonyRobbins.com/InnerBalance

Toll Free: **1.877.464.4733**

INGREDIENTS: Senna leaves.

DIRECTIONS: One cup daily. The best way to make a good cup of tea is by the infusion method. Place one tea bag in a cup and add no more than 6 oz. of boiling water. Let steep for 3 minutes. Press the bag before removing to enhance the flavor. Add honey to sweeten. Do not consume more than one cup daily. Do not give to children.

