

ANTHONY ROBBINS  
**LIFE / WEALTH MASTERY®**

7 1/2 DAYS TO TRANSFORM YOUR EMOTIONS, YOUR PHYSICAL VITALITY,  
YOUR RELATIONSHIPS, YOUR FINANCES AND YOUR LIFE.



## SCOTLAND 2010 FACT SHEET

### November 2010

#### Event Schedule

Daily events and classroom activities begin at approximately 8:00 am and conclude by 10:00 pm. A break in the afternoon allows participants to enjoy spa treatments, relax, or enjoy the environment.

#### Life/Wealth Mastery

##### Arrival/Departure Dates:

**Arrive:** Nov. 4 **Event:** Nov. 5–12 **Depart:** Nov. 13

**Registration:** Nov. 4 arrival day 6:00–9:00 pm

\* If attending Life Mastery or Wealth Mastery ONLY, please see page 2 for your arrival/departure dates.

#### Event Enrollment & Questions

To select your Life/Wealth Mastery date please contact our Mastery Coordinator team at [masterycounselor@tonyrobbins.com](mailto:masterycounselor@tonyrobbins.com) or +858.713.8299 or 800.445.8183 ext. 6190

#### Event Location

##### Cameron House

on Loch Lomond

Dunbartonshire, Scotland G83 8QZ

Main phone: 0044 1389 755 565

[www.Cameronhouse.co.uk](http://www.Cameronhouse.co.uk)

Email: [DCH.Resortdesk@cameronhouse.co.uk](mailto:DCH.Resortdesk@cameronhouse.co.uk)

#### The Cleansing Program

During the Life Mastery portion of your event you will be participating in a cleanse. Because the Cleansing Program is an integral part of your experience at Life Mastery we have packaged the program into the room rate during your Life Mastery stay. The Cleansing Program includes juices made with the freshest organic vegetables and fruits, wheatgrass, Udo's Oil, and a raw meal to enter and exit the cleanse.

Generally, any person in good health should be able to complete the Cleansing Program. If for medical reasons you cannot cleanse (raw food juices, wheat grass and essential oils) or participate in the Cleansing Program, we can suggest soups and raw foods from the regular resort menu. All participants must stay at the host hotel. If for some reason you are not at the host hotel and are participating in the Cleansing Program, you will need to purchase it directly from the hotel prior to registration. (If you are participating in Wealth Mastery alone, the Cleansing Program is not a part of your event or the room rate.)

#### Clean Meal Program

For Life Mastery participants who want to continue with a clean eating lifestyle, we have designed a clean meal plan for your Wealth Mastery event to optimize your results! This program is more hearty than the Cleanse and will help you integrate and practice what you've learned. It is also packaged into your room rate for your convenience.



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## Attire

Dress is resort casual throughout the program. The seminar room can be very cool; please bring a lightweight jacket or sweater. Please plan to bring closed-toe tennis shoes and layered work out clothing for the stretch activity.

## Accommodations

	LIFE/WEALTH MASTERY GROUP PACKAGE RATES <small>PER NIGHT INCLUSIVE OF CLEANSE/MEAL PLAN</small>	WEALTH MASTERY ONLY <small>PER NIGHT DURING WEALTH (HOTEL BREAKFAST INCLUDED)</small>
<b>SINGLE</b>	£210	£179
<b>DOUBLE</b>	£261	£199
<b>LODGE SINGLE</b>	£150	£119
<b>LODGE DOUBLE</b>	£201	£139

Lodges vary from 1 to 3 bedrooms and have shared communal areas. All bedrooms have their own bathroom.

Attendee Group Package for Life & Wealth Mastery rates (Single, Double, Lodge Single, Lodge Double) are quoted per room and chosen occupancy, inclusive of the current taxes, and for the Cleansing Program during Life Mastery and the Clean Meal Program for Wealth Mastery.

Reservations must be made individually through the Cameron House's Reservation Department by calling 0044 1389 755 565. Please identify yourself as part of the Robbins Research Group. In order to maximize your Life & Wealth Mastery results and experience, you must stay at the event hotel. Special rates apply when rooms are booked by October 13, 2010 and are based upon availability. For Wealth Mastery only, prices are per night, inclusive of tax and breakfast. (If you are participating in Wealth Mastery alone, the Cleanse Program/Cleanse Meal Program are not a part of your event or the room rate.)

## Airports

- Glasgow Airport is 15 miles away, about 20-30 minutes by taxi.

## Transportation & Parking

**By Car:** From Glasgow and Glasgow Airport take the M8 west. Leave at junction 30 for the Erskine Bridge and follow the A82 for about 12 miles. Follow the signs to Luss from the Balloch roundabout; Cameron House is a mile on the right. The hotel has 200 parking spaces.

**Sat Nav  
Coordinates:** Latitude: 56.0135  
Longitude: -4.6111

**By Rail:** Cameron House is 5 minutes from Balloch Station and around 50 minutes from Glasgow Queen Street Station. For more information: National Rail Inquiries.

**By Air:** Glasgow Airport is 15 miles away, 20-30 minutes by taxi. Edinburgh Airport is 70 miles away, approximately 90 minutes away.

**By Sea Plane:** For connection to Cameron House by sea plane, contact the Loch Lomond Seaplanes on 0044 1436 675 030.

## Life Mastery and Wealth Mastery Individual Event Schedule

If attending Life Mastery or Wealth Mastery ONLY, below are the arrival and departure dates.

### Life Mastery ONLY Arrival/Departure Dates:

**Arrive** Nov. 4 **Event** Nov. 5–9 **Depart** Nov. 10  
**Registration:** Nov. 4 arrival day 6:00–9:00 pm

### Wealth Mastery ONLY Arrival/Departure Dates:

**Arrive** Nov. 9 **Event** Nov. 10–12 **Depart** Nov. 13  
**Registration:** Nov. 9 arrival day 6:00–9:00 pm

