

ANTHONY ROBBINS

LIFE MASTERY™

Renew Your Mind, Body and Spirit



Join The Masters Of Our Time To Create And Perfect The Life Of Your Dreams

Whether you've experienced and accomplished more than most even dream of doing in their lifetimes or you've hit a plateau or a valley, you know there's always another level—an ultimate state of energy, physical well-being, personal satisfaction, intense emotion, overwhelming joy and spiritual fulfillment that you have yet to attain.

Life Mastery is a revolutionary 4 ½ day program that is based around the world-class teachings of specialized experts, doctors and scholars. It is a spiritual experience in which you will become intimately familiar with the inner workings of your body and mind. You will learn how to create empowering habits that become automatic patterns for a more vital and energized life. It is about mastering the most important areas of your life: your health, your emotions, your relationships, your time and your spirituality.

Learn Foundations & Strategies For Transformation

- How to reinvent and energize your body by cleansing and detoxifying your system.
- Specific steps you can take to create empowering habits that become automatic patterns for a more healthy and vital life.
- The patterns of emotions and feelings that have impacted your progress in the past, and the tools to help you master them.
- How your organ function and musculoskeletal alignment affect your overall quality of life.
- Invigorating training techniques that will align your physical and emotional state.

This Will Change Your Life

- Live with absolute certainty that you can accomplish anything with the right beliefs and strategies.
- Create an eating plan that you can realistically integrate into your daily life.
- Possess the conviction to manage your emotions and enhance your physical well-being under any and all circumstances.
- Develop a plan to close the gap between where you are now in your life and where you want to be.
- Reignite the passion in a relationship you already have, or define and create a plan to find your ideal mate.

Cleanse Your Body • Energize Your Spirit • Revitalize Your Mind • Master Your Relationships

"I love playing ice hockey, but as I got older I started feeling my age catching up with me. I felt like a piano player losing his hands. But Life Mastery changed all that. The experience provided me with the tools to rejuvenate and re-energize my entire life—body and mind. I'm 38, but I feel like I'm 18."

—**Andrew Fink**
Mortgage Broker
Denver, Colorado

"Since Tony's program, I've experienced a whole new relationship and marriage, a 79-pound weight loss, a 600% increase in my income, and a new position as a Subsidiary President/CEO of a billion dollar corporation."

—**Polly Bauer**
Subsidiary President/CEO
Home Shopping Network

"The cleanse at Life Mastery was an extraordinary experience – it was what my body desperately needed. To wake up in the morning and bathe in a waterfall, to have the most amazing massage of my life in such a world-class spa . . . what a way to do a seminar!"

—**Randy Posvar**
Business Marketing Consultant
Bend, Oregon

Money-Back Guarantee

In the unlikely event that after having participated in the first half of LIFE MASTERY, WEALTH MASTERY or DATE WITH DESTINY you decide, of that particular session, you haven't learned enough to create a more fulfilling and inspiring life, simply hand in your program materials. We'll send you a complete refund, no questions asked.

Live Facilitator



Tony Robbins' Trainer And Host Of Life Mastery

Scott Harris is a Trainer and Instructor for Anthony Robbins' acclaimed *Mastery University* and *Unleash the Power Within* Interactive Programs. Harris has worked for a decade to help individuals and companies throughout the world achieve real results, both professionally and personally. He is also a peak performance athlete who has competed in Ironman Triathlons around the world.

Learn Strategies Developed By The Experts—Delivered Digitally



12 Ways to Reverse Aging

Deepak Chopra, M.D. A respected authority on the interdisciplinary sciences of psychology, neurology and immunology, Deepak understands how our bodies are affected by shifts in our mental and emotional states.



The Power of Emotional Mastery

Kathy Buckley

An award-winning comedienne and actress, Kathy Buckley shares her story of overcoming some of the most difficult obstacles one can imagine in life, and how she met those challenges with dignity, courage, and laughter.



Get Back in Alignment and Maximize Your Body's Strength

Pete Egoscue A pioneer and world leader in alleviating chronic pain, Pete has discovered how the overall quality of your life, as well as how your organs function, is a direct result of how your structure is aligned.



Outstanding Nutrition to Sustain Health & Vitality

David Wolfe One of the world's leading authorities on nutrition, David is the author of several books including, *Eating for Beauty*, *The Sunfood Diet Success System*, and *Amazing Grace*. David has helped develop, market and distribute some of the world's most organic food items.



Outstanding Nutrition to Sustain Health & Vitality

Chris Carmichael A former Olympian and top cycling coach, Chris is widely regarded as the person most responsible for helping seven-time Tour de France champion Lance Armstrong return to prominence after Armstrong was diagnosed with cancer.

Attend If You Strive To:

- Feel more alive and abundant.
- Master your health, your emotions, your relationships, your time and your spirituality.
- Rejuvenate your mind, body and spirit.
- Decrease stress and live a more healthy and vital life.

Check out the event schedule for upcoming event dates.

Call 800.898.8669 or 858.535.9900 ext. 6189
www.TonyRobbins.com/life-mastery

This program will sell out. Accommodations availability and will be filled on a first-come first-served basis. All dates and locations subject to change.