Chromium & Vanadium

HOW IT WORKS
Inner Balance Chromium & Vanadium minimizes cravings and controls hunger by regulating blood sugar and insulin levels. Chromium removes sugar from the blood, allowing the body to produce less insulin and therefore store less food as fat. Vanadium, a substance already found in human cells, promotes effective conversion of sugar into energy.

Chromium & Vanadium:
- Helps support normal blood sugar levels
- Helps support normal blood insulin levels
- Helps control hunger and cravings

WHY YOU NEED IT
Chromium and vanadium work together to minimize cravings and control hunger by regulating blood sugar and insulin levels. Chromium minimizes the release of sugar from foods, allowing the body to produce less insulin. Since insulin promotes fat storage, less is stored when using Inner Balance Chromium & Vanadium. Vanadium, a substance already found in human cells, promotes effective conversion of sugar into energy.

Long ago, when people consumed far fewer refined foods, issues related to high blood sugar only occurred in patients with diabetes. Now, high blood sugar is a common problem, and the more overweight you are, the more likely you are to have it. It may not be high enough for your doctor to diagnose you with diabetes, but it may be high enough to wreak havoc with your appetite which leads to weight gain. As your blood sugar spikes after eating certain foods, your body will produce large amounts of insulin to rapidly drive blood sugar back down. That is normal physiology. Unfortunately, when blood sugar is dropping and insulin levels are rising, the appetite goes into overdrive. When the brain senses a “shortage” of sugar in the blood, you feel hungry. To make matters worse, insulin sends your body a signal to store fat, which adds another challenge to your weight loss efforts.

The combination of chromium and vanadium may help make insulin more effective, so your body can release less of it, thereby storing less food as fat. It may also help your blood sugar levels to not rise so high and fall so quickly, thereby mitigating hunger. For best results, use Inner Balance Chromium & Vanadium in conjunction with Inner Balance Meal Replacement Shakes and Natural Energy Bars along with the Living Light weight loss plan and a regular exercise program.

PRODUCT DESCRIPTION
One-month supply

INSTRUCTIONS FOR USE
Daily serving: Take one capsule per day. Inner Balance Chromium & Vanadium works best if taken with meals.

Chromium & Vanadium is part of the Living Light Pack and is not sold individually.

Price: Living Light Pack $134.99

To order: visit TonyRobbins.com/InnerBalance
Toll Free: 1.877.464.4733