

ANTHONY ROBBINS INNER BALANCE™

Digestive Enzymes

HOW IT WORKS

This safe and natural source of digestive enzymes aids gastrointestinal function by breaking down food to reduce demands upon digestive organs. Inner Balance Digestive Enzymes ensures that nutrients are properly broken down for full utilization by the cells, which promotes optimal body function and decreases discomfort from bloating, gas and sensations of premature fullness.

Inner Balance Digestive Enzymes:

- Helps support normal gastrointestinal function
- Minimizes gas, bloating and premature fullness
- Completely vegetarian and contains no animal products or by-products

WHY YOU NEED IT

Every time you eat, your body prompts the release of digestive enzymes that break down the food into a usable form that can be absorbed into the blood. If you're eating a hamburger, for example, your body is ingesting three major sources of calories—carbohydrates, protein and fat. In response, your pancreas must release three different enzymes to break it all down.

Amylase turns the starch from the hamburger bun into glucose, protease grinds up the meat into free amino acids (the tiniest building blocks of protein), and lipase breaks the fat in the meat into small molecules that can be absorbed. All three enzymes come from the pancreas and are shunted into the small intestine right as you start your meal. In fact, the gurgling noise you may hear in your stomach occasionally can be attributed to the release of these enzymes. And the saliva automatically generated by your body when you see food contains amylase, which starts breaking down the starch right in your mouth. Once everything is broken down, it is absorbed into the bloodstream and then distributed to every cell in the body.

When these enzymes first became available, they were sold almost exclusively to patients with very poor digestion, such as those with cystic fibrosis (Suarez F. Digestive Diseases and Sciences 1999; 44:1317-1321). However, in recent years, their use among the general population has increased. More and more individuals who occasionally experience mild gastrointestinal discomfort are discovering that adding enzymes to their regimen is the best first line of treatment. Natural enzymes like those found in Inner Balance Digestive Enzymes are perfectly safe and have proven to reduce gas, bloating and sensations of premature fullness in the cystic fibrosis patients who used them.

PRODUCT DESCRIPTION

One-month supply of Inner Balance Digestive Enzymes capsules

INSTRUCTIONS FOR USE

Inner Balance Digestive Enzymes is intended for episodic use. It is safe enough to be taken every day, but healthy individuals need not do so. This product works best when taken at the first sign of discomfort. If the product is ineffective and gastrointestinal symptoms persist, you should consult your physician. Inner Balance Digestive Enzymes should be taken with the largest meal of the day. Daily serving: As a dietary supplement, take one vegetarian capsule before each meal.

Price: \$39.99

To order visit TonyRobbins.com/InnerBalance
Toll Free: **1.877.464.4733**

Supplement Facts		
Serving Size: 1 Capsule		
Amount Per Serving		% DV
Enzyme Blend (BioCore Optimum™)	100 mg	†
Amylase (from <i>Aspergillus oryzae</i>)	3,500 DU	†
Protease (from <i>Aspergillus oryzae</i>)	21,000 HUT	†
Protease (from <i>Aspergillus oryzae</i>)	4,000 PC	†
Protease (from <i>Aspergillus oryzae</i>)	2 AP	†
Glucoamylase (from <i>Aspergillus niger</i>)	5 AGU	†
Protease (from <i>Aspergillus niger</i>)	50 SAPU	†
Invertase (from <i>Saccharomyces cerevisiae</i>)	400 SU	†
Malt diastase (from <i>Hordeum vulgare</i>)	1,500 DP*	†
Lipase (from <i>Candida rugosa</i> , <i>Aspergillus niger</i> , <i>Rhizopus oryzae</i>)	500 FIP	†

* Percent Daily Values are based on a 2,000 calorie diet
† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable cellulose, rice bran, rice maltodextrin and water.

DIRECTIONS: As a dietary supplement, take one vegetarian capsule before each meal.

